



## Health Guidelines during the Respiratory Virus Season

As a place of worship, we have a duty to provide the safest possible environment to our congregants. This flu season is particularly severe, as experienced recently by some of our congregants. In addition, we need to be aware of and protect the immuno-compromised and elderly among us.

We ask for your partnership and cooperation during Services and Events (Kiddush, Dinners, Family Learning, Shabbaton, etc.) at Beit Sasson:

1. Please refrain from coming to Beit Sasson if you develop any of the following symptoms:
  - Have a fever, other flu-like symptoms, vomiting, diarrhea, or a new skin rash (with fever)
  - (OR)
  - Have a known COVID-19 infection or exposure within the past 10 days.
2. Practice respiratory hygiene and cough etiquette. This means covering your mouth when you cough or sneeze and washing hands afterwards. Washing your hands is one of the most effective ways to prevent yourself and your loved ones from getting sick. Please follow recommendations from the CDC.
3. During Kiddushes or Dinners, people who are handling food should wear gloves and a mask.
4. Vaccination remains the best way to be protected from serious symptoms during the Respiratory Virus Season. Consult your physician for specific guidelines.

We have masks available at Beit Sasson.

Thank you for keeping everyone safe at Beit Sasson.